

Alia Macrina Heise
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Certification- currently registered to sit for the 2011 IBCLE exam July 25th

Certified Lactation Counselor
August, 2006 – Present, The Center for Breastfeeding

Certified Postpartum Doula
September, 2006 – 2009, DONA

Education

DONA Trained Birth Doula
March, 2006 - BirthMatters!

WIC Peer Breastfeeding Counselor Training
November, 2005 - Finger Lakes WIC

NMAC Breastfeeding Counselor Training
November, 2004 - Nursing Mother's Advisory Counsel

Employment and Volunteer Positions

2005 - Present: CLC, Peer Breastfeeding Counselor, Finger Lakes WIC
2006 - 2008: Lactation Counselor and Doula in private practice, Owner: Nurturing the Mother Doula Care
2004 - 2005: Nursing Mothers Counselor, Nursing Mothers Advisory Council

Professional Memberships and Affiliations

New York Statewide Breastfeeding Coalition 2010-Present
Le Leche League 2008 - Present
DONA 2006 - 2009
Nursing Mothers Advisory Counsel 2004-2005

Speaking Engagements

2011

12th National Conference of LLLItaly
Understanding Dysphoric Milk Ejection Reflex

2008

Rochester Doula Co-Op, Rochester NY
Understanding Dysphoric Milk Ejection Reflex

2006

Finger Lakes WIC, Canandaigua NY
Keeping Breastfeeding on Track

2005

Abington Nursing Mothers, Abington PA
Starting Solids

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Publications

2011

International Breastfeeding Journal, 2011 6:6
Dysphoric milk ejection reflex: A case report

2010

Breastfeeding Today Magazine
Interview: D-MER, What Is It?

2008

Breasfeeding.com
Opening the Door to Breastfeeding's Best Kept Secret

DONA International Magazine
Opening the Closet Door on D-MER

DONA Newsletter: Feature Story
When Breastfeeding Feels Dark