

## Examples of Signatures for Email or Forum Use

<name>, mother of <number>, and suffer of D-MER for <number> months. Now treated and nursing strong – and happily! - [www.d-mer.org](http://www.d-mer.org)

Do you feel sad, anxious or irritable when you nurse? Visit [www.d-mer.org](http://www.d-mer.org) to find out why

Think breastfeeding is all about feeling warm and maternal? It doesn't feel like that for everyone. Visit [www.d-mer.org](http://www.d-mer.org) to find out why.

Breastfeeding not all you expected it to be? Overcome all the beginning challenges of physical comfort but still feel like something's not quite right? Visit [www.d-mer.org](http://www.d-mer.org), maybe you have Dysphoric Milk Ejection Reflex, too.

[www.d-mer.org](http://www.d-mer.org) Because breastfeeding shouldn't be a downer.

Love the act of breastfeeding but hate the way it makes you feel? Check out [www.d-mer.org](http://www.d-mer.org)

<name>, sufferer of D-MER for <number> months, but I won't let it stop me! [www.d-mer.org](http://www.d-mer.org)